



Welcome to Mindelo!



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Planning in a liquid world with tropical stakes: solutions from an EU-Africa-Brazil perspective



Marie Skłodowska-Curie Actions (MSCA) – Research and Innovation Staff Exchange - RISE

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You will be coming for one or several months in Mindelo to work as part of PADDLE project. We are glad to facilitate your arrival!

This booklet should help to answer your questions regarding your trip. Please do not hesitate to contact us for any further question.

Your contacts :

Regarding scientific issues

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Regarding administrative issues

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In Mindelo

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Living in Mindelo

Arriving at the airport

The simplest way for you to travel to Mindelo from Sao Vicente airport is to take a taxi.

The rate is fixed to 1000 escudos, about 10 euros.

The currency

The currency is the cape-verdian escudo (CVE).

In July 2017, 1 € = 110 CVE and 100 CVE = 0,90 €.

Cash machines are frequent in town and at the airport.

Your accommodation

As a reminder, Mindelo's carnival will take place from February 13th to 18th. At this occasion, housing is fully booked. Please anticipate your reservation.

You will have to book your accommodation. Many options exist to rent flats in Mindelo.

- You can consult your usual websites.
For example: [Airbnb](#), [Abritel](#), [Booking](#), [Homelidays](#)
- Some travel guides also offer accommodation ratings online
For example: [le Petit Futé](#).
- You will find below a list of hotels, with a quick estimation of their price.
You will also find information and ratings of these hotels on usual websites (i.e. Tripadvisor).

List of hotels and price estimation per night

Residencial Alto Fortim	About 43 €	Mindelo Residencial	77€
Casa Colonial	About 104 €	Guest House Soncent	45€
Chez Loutcha	About 53€	Hotel Lazareto	50€
Foya Branca Resort Hotel	About 78 €	Carvalho Bed and Breakfast	About 45€
Apart Hotel Avenida	About 33 €	Simabo's Backpackers' Hostel	24 €
Prassa 3 Boutique Hotel	About 90 €	Basic Hotel	25€
Las rochas residence	About 50 €	Residencial Maravilha	41€
Kira's Boutique Hotel	About 104 €	Residencial Goa	83€
Don Paco Hotel	About 86	Casa Café Mindelo	59€
Residential Jenny	44 €	Mindel Hotel	About 80€
Hotel Oasis Porto	About 87 €	Solar Windelo	33€

Grande			
Residencial Raiar	About 45€	Casa Leginha	37€
Residencial Beleza	About 36€	Casa Branca - Eco Chic	109€
Residencial Leginha	About 36€	Café Royal Suites	68 € (1 personne) 79€ (2 personnes) + taxe touristique
Morenos Boutique Hotel	50€ + taxe touristique	Terra Lodge	90 €

Working in Mindelo

The offices of INDP are located at Cova de Ingresa, in the city of Mindelo, on the island of S. Vicente.

To work, you can stay at INDP's library. It is also possible to work in the Alliance française (good wifi connexion), and at the library of Mindelo, in the city centre (see map below).

Information on Mindelo city centre

It is very easy to move around in taxi. INDP is a bit off-centre, but remains close to town, at a reasonable walking distance.

Eating

You can buy food in several supermarkets in town, among which Fragata (several shops in town)

Transport

Taxi rates are fixed inside the city (150 escudos). Taxi is really cheap, and is the simplest way to go around.

To travel around the island, it is also possible to take buses, called collectivos.

Maps of Mindelo

INDP in town



Zone de logement conseillé = recommended housing area

Centre ville = city centre

The city centre





Culture/Week-end

You will find all the information you need on the website mindelo.info.

The island of Santo Antao, L'ile de Santo Antao, a paradise for hiking, is just across Mindelo, just 1 hour distance by ferry. Two ferries - "Mar d'Canal" (company Armas) "Inter-Ilhas" (Polaris) connect Santo Antão and São Vicente twice a day.

You will find below the schedule as for November 1st. It is necessary to go to the port to buy your tickets (30min maximum before departure) and check the departure times.

Santo Antão >> São Vicente

Ferry Mar d'Canal

2 crossings / day: 10:00 (except Sundays) and 17:00.

Price: 800 escudos

Ferry Inter-Ilhas

2 crossings / day: 09 :00 and 16 :00 (except Thursdays)

800 escudos.

Nobai travel agency

Nobai travel agency proposes hiking circuits on Cape Verde different islands. We recommend you this agency to organise your trips. Several formulas exist depending on your desires. You can contact them or visite their [website](#) for further details.

Emergency numbers

- Police
 - National free number: + 238 800.11.34
 - São Vicente island: + 238 231.46.31 or +238 231.13.83 (Mindelo)
- Civil protection
 - National free number: +238 800.11.12
- Baptista de Sousa Hospital in Mindelo : +238 232.73.55

Administrative issues regarding your mobility

As a reminder, the European Programme Horizon 2020 finances PADDLE. Therefore, we need to keep supporting documents.

Before you leave

Please inform Marie Bonnin and Odeline Billant of your secondment's realisation **at least one month before you leave.**

You will have to fill in the *Risk assessment form* and send it to Odeline Billant. A document in English will soon be provided. **This is a legal obligation.**

During your secondment

In reference to the 5th chapter of the Grant agreement, each beneficiary is responsible in front of the EU of the utilisation of his/her funding. In case of an audit of the PADDLE project, we have to be able to prove your secondments' realisation, up to several years after the end of the project.

You have to keep **all documents proving** that

- **you went to your secondment's localisation**
- **you stayed there 30 days**
- **you spent 2000€**

Therefore, we highly recommend that you keep following **supporting documents' originals**, and it is highly recommended to make copies of your:

- **boarding pass**
- **accommodation invoice**
- **any other bills justifying the spending of the 2000€ you received for your secondment**

After your secondment

The Project Manager has to inform the EU commission of your secondments' realisation less than 20 days after your return.

Therefore, please send **less than 10 days after the end of your secondment** the *Attestation of secondment* filled in and signed to Odeline Billant: odeline.billant@ird.fr