



Welcome in Recife



Planning in a liquid world with tropical stakes: solutions from an EU-Africa-Brazil perspective



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You will be coming for one or several months in Recife to work as part of PADDLE project. We are glad to facilitate your arrival!

This booklet should help to answer your questions regarding your trip.

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Living in Olinda / Recife

The safest neighbourhoods to live are Olinda Centro Historico and Boa Viagem in Recife.

Arriving at the airport

The simplest way to travel from the airport to Olinda / Recife is to take the taxi. It should cost around 70 reais. You can also ask your accommodation-contact to organise the transfer, especially if you arrive late at night.

The currency

The currency is the "Brazilian Real" (BRL).

In October 2018, 1€ = 4,2 BRL. The currency is nevertheless quite volatile.

The best would be to get some cash directly at the airport. Cash machines are also available in town and many shops and restaurants accept payments by card.

Your housing

As a reminder, in 2019 the carnival will take place between March 1st and 6th. Housing is rare at this occasion, please anticipate!.

Carnival dates in 2020 Feb. 21-26th; 2021 Feb 12-17th

You are in charge of booking your accommodation. You have plenty of options. Here are a few:

- Usual booking websites work in Olinda / Recife
For example: [Airbnb](#), [Abritel](#), [Booking](#), [Homelidays](#)
- Here is a list of *Pousadas* in Olinda you can refer to, with approximate price.
There are comments online for these options in websites such as Trip advisor.

List of potential housing options			
Pousada do Amparo	50€	Hotel Costeiro Olinda	45€
Hotel 7 colinas	80€	Pousada Sao Francisco	45€
Albergue de Olinda	30€	Pousada Baoba	40€

Olinda is a festive city, and especially in preparation of the carnival. If you are sensible to noise at night, you can consider taking earplugs with you.

Telephone

It is quite complicated to get a SIM card in Brazil, as you have to first get a "CPF number", a fiscal identification number. Nothing impossible though, many websites explain the procedure. It may only be slightly time consuming... Once you get this number, you will

be able to buy a SIM card, and recharge it (small recharges you can buy pretty much anywhere). You can also buy an international option and keep your original SIM.

People mainly communicate via Whatsapp here. The most important is therefore to have internet, rather than traditional communication credit.

Electricity

You will most certainly need an adaptor to plug in any machine. International adaptors work. The supply in electronic devices is poor here; try bringing everything you will need.

Eating

There are plenty of supermarkets in Recife.

In Olinda, you can buy food in the main supermarket (Extra), and in the nearby fruit and vegetables shop (next to Bradesco Bank). There is also an organic market every Saturday morning on Praça do Carmo. Come early, it ends around 8 am!

There are also plenty of restaurants in town, a street food market every night next to Alto da Sé... Feel free to go around and discover!

Transport

There are plenty of taxis, and Uber drivers if needed. If you wish to discover the areas around, there are many quality buses leaving from Recife. You can also rent a car (around 80 BRL / day)

Health and safety

The simplest is to discuss with your doctor for medical advice. For safety, you can refer to the advice given by your Ministry of Foreign Affairs

(France: <https://www.diplomatie.gouv.fr/fr/conseils-aux-voyageurs/conseils-par-pays-destination/bresil/#>)

Yellow fever vaccine is compulsory to enter the country. You should also beware of mosquitoes, as they can transfer other illnesses. Repellent, mosquito nets and AC are good protection means.

In case of fever, never use aspirin, as it can be a haemorrhagic fever.

Tap water is non-potable.

Although it is often tempting, as the weather will be very warm, never go swimming in the sea in Olinda / Recife as the water is polluted (organic), and full of sharks! There are very nice beaches around for the weekend (min 1h30 transport).

Olinda's historical city (Centro Historico is safe at night (and day), you can walk around. Nevertheless, please keep in mind to avoid carrying with you backpacks, cameras or any sign of wealth. This is even more true for Recife, and for the rest of Brazil.

Working in UFPE / UFRPE

You can work either in UFPE or UFRPE, as there is space in both universities to accommodate you, and Wi-Fi connection.

Please contact the project's focal points in each university to discuss this point (and many others). You can put paddle@ird.fr in copy of your first exchanges

- **UFPE: Alex Costa da Silva** alexsilvaufpe@gmail.com
- **UFRPE: Thierry Frédou** thierry.fredou@ufrpe.br

The simplest to go there is to take an Uber (around 25 BRL from Olinda, 45min), although there are also buses. Avoid leaving the university between 5pm and 7pm, you would most certainly be stuck in massive traffic jams.

Map of Olinda

Olinda Historical Centre

The blue circle shows preferred housing locations.



Culture/Week-end

There's plenty to explore around Recife during weekends. Travel guides are excellent references!

Emergency numbers

- Tourist Police: +555-534-399-696
- Police: 190
- Hospital: UPA "Unidade de Pronto Atendimento" for first aid; Real Portuguese
- French embassy permanence: (55 61) 98206 5203
- Referent doctor of the French embassy (French speaking), in Recife Magnolia Gauchée: (55 81) 99680 0490

Administrative issues regarding your mobility

As a reminder, the European Programme Horizon 2020 finances PADDLE. Therefore, we need to keep supporting documents.

Before you leave

There are a few steps, compulsory to follow:

- Please inform the project team of your secondment plans at least one month before you leave (paddle@ird.fr).
- Fill in the Risk assessment form and send it to Odeline Billant. This is a legal obligation.
- Write a few lines on your WP's padlet explaining your planned objectives and case studies
 - WP2 : https://padlet.com/marie_bonnin/m9l382hmzgtr
 - WP3 : https://padlet.com/marie_bonnin/wflxswtfg4h4
 - WP4 : https://padlet.com/marie_bonnin/3hqak94qktmf
 - WP5 : https://padlet.com/marie_bonnin/lcgq13p5r9td
- Enter your secondment in the EU portal. If you don't know who does so in your institution, reach out to paddle@ird.fr

During your secondment

Attestation of secondment

This document is available on the project website. Don't forget to fill in, sign, and make it sign by someone in your host institution.

In preparation of a potential audit

In reference to the 5th Chapter of the Grant agreement, each beneficiary is responsible in front of the EU of the utilisation of his/her funding. In case of an audit of the PADDLE project, we have to be able to prove your secondments' realisation, up to several years after the end of the project.

You have to keep all documents proving that



- you went to your secondment's localisation
- you stayed there 30 days
- you received 2000€ from your institution for travel costs

Therefore, we highly recommend that you keep, at minimum, the following supporting documents' originals, and it is highly recommended to make copies of your:

- boarding pass
- accommodation invoice

After your secondment

Please send less than 10 days after the end of your secondment the Attestation of secondment filled in and signed to Odeline Billant.